

ACCESS CLINICAL APPLICATIONS OF HYPNOSIS IN DENTISTRY

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Clinical Applications Of Hypnosis In Dentistry Introduction

Medical and Dental Hypnosis and Its Clinical Applications

"During the past several years there have been ever-increasing numbers of physicians, dentists, and psychologists interested in hypnosis, both therapeutic and investigative. Reliable sources of clinical information and instruction were practically non-existent except for a few scattered individuals. To meet this need, to interest universities, and to stimulate medical and dental schools to an awareness of the importance of teaching clinical hypnosis, a group of experienced clinicians competent in teaching were formed. Throughout the United States, under the auspices of various professional societies and universities, this group conducted seminars on hypnosis. "This book is compiled from the tape recordings of dozens of those seminars, and thus it contains the material as it was presented, with all the simplicity, directness, and effectiveness of the classroom presentation. "It is no more, no less, than a comprehensive presentation of the material upon which thousands of clinicians throughout the United States have based the initiation and development of their successful clinical use of hypnosis." -Milton H. Erickson, M.D. (1961)

The Practical Application of Medical and Dental Hypnosis

This well-established textbook provides clear information on the practice and procedures of hypnosis. Includes coverage of the history, nature, and techniques of hypnosis; phenomena of hypnosis and the use of advanced techniques; the clinical applications of hypnosis; and the uses and abuses of hypnosis. Also features an appendix containing guidelines and advice on ethics.

Medical and Dental Hypnosis and Its Clinical Applications

This book is an extensively revised edition of a highly successful and comprehensive introductory manual for the use of clinical hypnosis in the treatment of medical and psychological problems and disorders. Written with the interests and needs of the doctor or dentist in mind, its practical and clear approach maintains the tradition of high-quality information and usefulness established in previous editions of this book. After exploring the theoretical and historical background to hypnosis as well as key techniques and approaches, the book looks at specific clinical situations and problems in which hypnosis may have an impact, and offers specific practical management guidelines including possible scripts.

Clinical Applications of Suggestion and Hypnosis

Originally published in 1991, this book covers a comprehensive range of the applications of hypnotic techniques in therapy for psychological disorders, and medical conditions where such techniques are a valuable adjunct. In the years before publication psychologists, medical doctors, dentists and allied professional workers had come to make increasing use of hypnosis in their work, and there was a considerable amount of relevant research literature available in journals. Such literature is reviewed, and served as a practical guide for professionals at the time. The book begins by explaining what is meant by hypnosis today, and traces its historical background. Some fundamental questions such as individual

differences in susceptibility to hypnosis are discussed in relation to therapy. Separate chapters are devoted to the key topics of behaviour therapy, different forms of psychotherapy, psychosomatic medicine, the treatment of pain, and applications in medical and surgical procedures. The modern status of hypnotic techniques in obstetrics and in dentistry is reviewed, and a separate chapter on the use of hypnosis with children will be of special interest to educational and clinical psychologists. A final chapter reviews the use of hypnosis by various professions and para-medical disciplines, and discusses the possible abuses that may arise both through unqualified people seeking to practise \"hypnotherapy\"

Hartland's Medical & Dental Hypnosis

Explores the biology of hypnosis and its applications in medicine, dentistry, and pain prevention and management. This work features contributions ranging from Mind/Body Communication and The Biology of Hypnosis, to Pain, Anxiety and Dental Gagging in Adults and Children and Treating Pain, Anxiety, and Sleep Disorders in Children and Adolescents.

Hypnosis in Dentistry

Originally published in 1963, this definitive textbook, written by pioneering Professor William S. Kroger's, defined and shaped the field of hypnosis for over 20 years after its publication, and remains an authoritative text in its field to this day. Together with his seminars presented in association with the American Society of Clinical Hypnosis, Professor Kroger's textbook changed the perception of hypnosis from being a novelty to a legitimate and respected medical option, and solidified his reputation as a leader in the field.

Hartland's Medical and Dental Hypnosis

Covering theory and practice, The Handbook of Contemporary Clinical Hypnosis is an up-to-date, authoritative resource to support health professionals in their use of hypnosis in clinical settings. Provides an authoritative reference for practitioners and trainees on the diverse applications of hypnosis, published under the auspices of the British Society for Clinical and Academic Hypnosis (BSCAH) Combines a theoretical framework with material on a wide range of specific disorders including anxiety, stress phobias, eczema, oncology, eating disorders and infertility Shows how to adjust hypnotic techniques for different contexts e.g. when working with children, in emergencies and via a translator Features a variety of case studies that illustrate hypnosis techniques in action

Hypnosis in Therapy

The use of hypnosis can be traced as far back as 3000 B.C., when references were made in writings to \"temple sleep\" and to enchantment by the \"evil eye.\" Since the sixteenth century, clinical hypnosis has been a controversial medical tool in the treatment of both physical and psychological maladies. Clinical hypnosis can be of potential help in a number of ways: mobilizing resources and strengthening motivation; developing and amplifying a relaxation response; providing access to material not usually accessible with other more conventional methods; confronting suppressed memories that are impeding progress; putting the client in touch with newer, more effective ego states; enhancing imagery for hypnotic or other techniques; and allowing for vicarious rehearsal of more effective behaviors and cognitions. In this comprehensive handbook, Robert G. Meyer examines the applications of hypnosis throughout history while offering step-by-step guidance for its clinical use today. Drawing on case studies from the available literature as well as from his own practice, Dr. Meyer presents various methods, including preliminary considerations, induction and deepening techniques, indirect and Ericksonian techniques, direct suggestion and posthypnotic techniques, and age regression and self-hypnosis. He also examines the use and effectiveness of hypnosis on habit and psychological disorders, pain management, dentistry, medical disorders, performance enhancement, children, and forensics. Finally, the book discusses ethical and legal issues and provides extensive guidance for the hypnotist who finds him or herself in court. Practical Clinical Hypnosis is unique in its interdisciplinary

approach to the subject, and is essential to all practicing mental health professionals - for those new to hypnosis and those already practicing it - including psychologists, psychiatrists, social workers, counselors, and students in these disciplines, and also dentists and physicians who use or are considering using hypnosis on specific patients.

Advances in the Use of Hypnosis for Medicine, Dentistry and Pain Prevention/Management

This book analyzes the growing presence of hypnosis in academic settings around the world and its implications for research, healthcare and education. The increasing volume of scientific research on hypnosis and its clinical applications to treat health conditions such as pain, anxiety, trauma and depression has renewed the interest for this kind of practice in different disciplines, such as medicine, psychology, dentistry and nursing. As a result of this growing interest, there is an increasing number of spaces occupied by hypnosis in universities of different countries compared to what occurred in recent decades. Nevertheless, what this means, at various levels, is still far from being deciphered, due to the absence of more detailed research and surveys involving a larger number of institutions, students, faculty and research groups. This volume intends to shed a new light into the discussions about the growing presence of hypnosis in academia by bringing together contributions of practitioners and researchers working with hypnosis in academic settings in ten countries from different parts of the world: Belgium, Brazil, Canada, Cuba, France, Hungary, Israel, Portugal, Russia and Switzerland. The discussions presented in these contributions revolve around four axes of analysis: the historical trajectory of hypnosis within academic institutions; the epistemological nature of hypnosis and its relationships with other fields of knowledge; the importance of scientific research for the current development of hypnosis and its clinical applications; and how teaching and training in hypnosis is organized in universities today, with its ethical and legal implications in different cultural contexts. *Hypnosis in Academia: Contemporary Challenges in Research, Healthcare and Education* will be a great resource for both researchers and practitioners working with hypnosis, and a valuable source of information for human and social scientists in general interested in understanding how a once discredited practice regained respect from the academic community and is now a growing topic of interest for scholars and clinicians all around the world.

Hypnosis in Dentistry

Expanded and updated to include recent trends and newer applications, this classic work is the definitive introduction to the many uses of hypnosis in medicine, psychology, and dentistry. Designed to help health care professionals safely and confidently use hypnosis with their patients, this book provides valuable background information as well as practical instruction on hypnotic techniques. Offers a wide variety of proven induction techniques and includes easy-to-follow instructions for such proven approaches as the movie method, clenched fist induction, the coin technique, the confusion technique, and many others. Also contains practical information on what to look for in a patient's words and actions to verify that a trance has been induced.

Clinical and Experimental Hypnosis in Medicine, Dentistry and Psychology

This DVD demonstrates rapid and instantaneous inductions that creative, insightful clinicians can easily adapt for use in their clinical settings. Hypnosis has been considered time intensive, but it doesn't have to be. These actual demonstrations by Dr. Filo includes some that are verbal, some that are non-verbal, and some that are physical inductions. Careful observation will reveal that each induction contains the basics of all professional hypnotic interactions--rapport, focusing, deepening, re-alerting and debriefing and since these inductions are ultimately for clinical use, appropriate generic suggestions are also demonstrated. In addition, a real world application is demonstrated with a patient who is dental-phobic showing the replacement of a filling without any local anesthetic. Also included is a 16 page Learning Guide explaining each of the demonstrations.

Medical and Dental Hypnosis

What is hypnosis? Despite widespread misconceptions, hypnosis is not a treatment in itself; instead, it is a facilitator -- a useful diagnostic tool that can help the practitioner choose an appropriate treatment modality and accelerate various primary treatment strategies. The second edition of this remarkable work (first published 25 years ago) is written to provide both beginning and seasoned practitioners with a brief, disciplined technique for mobilizing and learning from an individual's capacity to concentrate. Putting to rest both exaggerated fears about hypnosis and overblown statements of its efficacy, this compelling volume brings scientific discipline to a systematic exploration of the clinical uses and limitations of hypnosis. The challenge was to develop a clinical measurement that could transform a fascinating amalgam of anecdotes, speculations, clinical intuitions and observations, and laboratory advances into a more fruitful and systematic body of information. Thus was born the authors' Hypnotic Induction Profile (HIP), a crucial 10-minute clinical assessment procedure that relates the spectrum of hypnotizability to personality style, psychopathology, and treatment outcome. Structured to reflect the flow of a typical evaluation and treatment session and highlighted by case examples throughout, this remarkable synthesis describes how to use the HIP, reviews relevant literature, and details principles and short- and long-term treatment strategies for smoking control; eating disorders; anxiety, concentration, and insomnia; phobias; pain control; psychosomatic disorders and conversion symptoms; trichotillomania; stuttering; and acute and posttraumatic stress disorders and dissociation. Meticulously referenced and indexed, this in-depth work concludes with an appendix on the interpretation and standardization of the HIP. This unique work stands out in the literature because it is written both as an introduction for practitioners new to hypnosis and as an in-depth guide for practitioners with wide experience in hypnosis. Unlike current clinical works, it emphasizes the importance of performing a systematic assessment of hypnotizability to identify, measure, and utilize a given patient's optimal therapeutic potential -- a process that, until now, has been relegated to clinical intuition. It describes human behavior phenomenologically as it relates to hypnosis in a probable rather than an absolute fashion. It reviews only specific portions of the literature that are particularly relevant to the important themes presented by the authors. Wherever possible, the authors apply statistical methods to test their hypotheses. The realm of scientific investigation encompassing hypnosis and psychological dysfunction is comparatively new. This exceptional volume, with its profusion of systematic data, will spark controversy and interest among scientific students of hypnosis everywhere, from psychiatrists, psychologists, and psychoanalysts to physicians, dentists, and other interested clinicians.

Clinical Hypnosis

Originally published in 1991, this book covers a comprehensive range of the applications of hypnotic techniques in therapy for psychological disorders, and medical conditions where such techniques are a valuable adjunct. In the years before publication psychologists, medical doctors, dentists and allied professional workers had come to make increasing use of hypnosis in their work, and there was a considerable amount of relevant research literature available in journals. Such literature is reviewed, and served as a practical guide for professionals at the time. The book begins by explaining what is meant by hypnosis today, and traces its historical background. Some fundamental questions such as individual differences in susceptibility to hypnosis are discussed in relation to therapy. Separate chapters are devoted to the key topics of behaviour therapy, different forms of psychotherapy, psychosomatic medicine, the treatment of pain, and applications in medical and surgical procedures. The modern status of hypnotic techniques in obstetrics and in dentistry is reviewed, and a separate chapter on the use of hypnosis with children will be of special interest to educational and clinical psychologists. A final chapter reviews the use of hypnosis by various professions and para-medical disciplines, and discusses the possible abuses that may arise both through unqualified people seeking to practise "hypnotherapy"

Clinical Applications of Hypnosis

Assuming no prior knowledge of hypnosis, the handbook begins with a two-chapter introduction to the

subject, followed by chapters on the use of hypnosis with psychological, sexual, and physical problems and in medicine and dentistry. There are also chapters on hypnotherapy with children, and on professional and legal issues. Distributed by Taylor and Francis. Annotation copyrighted by Book News, Inc., Portland, OR

The Handbook of Contemporary Clinical Hypnosis

Learn to build successful working relationships with your patients Psychology and Dentistry: Mental Health Aspects of Patient Care is a practical guide to an often-neglected aspect of dentistry—the contributions of the behavioral sciences to dental research and practice. Dr. William A. Ayer, Professor of Behavioral Sciences at Nova Southeastern University College of Dental Medicine in Fort Lauderdale, Florida, presents a comprehensive textbook that's an essential study aid for students preparing for their National Dental Board Examinations and a valuable classroom resource for dental school faculty. This unique book identifies the everyday concerns of dentists, dental students, and dental hygienists, offering proven strategies for patient management and for building—and maintaining—a successful dentist-patient relationship. Psychology and Dentistry examines the contributions of the behavioral sciences to the practice of dentistry, drawing subject matter from a wide range of disciplines that include psychology, sociology, education, anthropology, economics, epidemiology, health services, and public health. The book is a practical guide to developing the necessary skills to conduct effective patient interviews, for teaching patients to manage their dental fears and anxieties, and for dealing with patients who need counseling from mental health professionals. It also addresses special issues that have become relevant to dentists and their staffs in recent years, including child abuse and neglect, spousal violence, elder abuse, aging and changes associated with age, death and dying, and bereavement. Psychology and Dentistry examines: behavior therapies behavioral interventions management techniques for patients with acute and/or chronic pain how to train patients to manage their oral habits how to get patients to comply with health care recommendations pain perception and pain expression the therapeutic use of hypnosis how to make psychological referrals for patients the effect of stress on dentists and dental students and much more! Psychology and Dentistry: Mental Health Aspects of Patient Care is an essential resource for anyone working in the dental field. The book's practical approach and unique insights are invaluable for helping you develop healthy relationships with your patients.

Clinical Applications of Hypnosis in Dentistry

Clinical Hypnosis has proved successful in a variety of clinical situations. This handbook, with its practical approach, covers both the scientific and clinical aspects of hypnosis providing information on a range of available psychological and physical treatments. * Explains how to learn and apply hypnosis in clinical situations * World renowned editors * Comprehensive coverage of relevant issues This title will be invaluable to practising psychiatrists, clinical psychologists, medical hypnotists and mental health care workers.

Practical Clinical Hypnosis

This is a Revised Second Edition of Dr. Kroger's classic work on hypnosis, which describes successful hypnotherapy techniques for a wide range of medical, psychiatric, and dental conditions. Dr. Kroger's work in developing the concept of clinical hypnosis, and making it a part of the science of behavior modification, is generally regarded as the foundation of modern hypnotherapy. This Revised Second Edition features an introduction by Michael Yapko, PhD, an internationally recognized expert in short-term psychotherapy, which places Dr. Kroger's work in contemporary context. A bound-in DVD features two of Dr. Kroger's filmed demonstrations of surgical procedures using hypnosis as anesthesia, one for childbirth and another for thyroid surgery, plus extensive commentary by Michael Yapko, PhD.

Hypnosis in Academia

First multi-year cumulation covers six years: 1965-70.

Practical Applications of Medical and Dental Hypnosis

This unique, new resource presents abundant, specific ways in which hypnosis can be incorporated into medical specialty practices. It explores the history of clinical hypnosis as well as today's cutting-edge applications. Grounded in solid scientific research, well-respected, world-class practitioners explain how they apply this non-invasive, non-pharmacological technique to dentistry, nursing, psychotherapy, surgery, oncology, emergency medicine, pediatrics and other specialties. Organized by specialty area for quick reference to relevant information. Discusses how hypnosis makes patient management easier, relieving claustrophobia during an MRI and relaxing the child or emergency room patient. Shows how hypnosis aids pain management, patient compliance to medical regimens, reduces nausea in pregnancy, and prepares mothers for childbirth. Considers the special needs of the asthmatic patient and what the hypnotist should avoid saying. Provides case studies of situations well-suited for hypnosis. Reports on the latest research in mind/body studies including psychoimmunology and intentional immunomodulation. Explains the many benefits of pre-surgical hypnosis such as faster recovery times, and less post-surgical medication.

Clinical Applications of Hypnosis

First published in 1992. *Oral Psychophysiology: Stress, Pain, and Behavior in Dental Care* presents the many different behavioral aspects of dental treatment, including specific dento-related behavioral dysfunctions (fear, anxiety and phobia, excessive gagging reflex, orofacial pain). Special attention is given to the specific problems of elderly dental patients, including possible problems in adapting to dentures. The effects of stress on physiological conditions in the oral cavity and stress-related behavior, such as syncope or inability to achieve local anesthesia, are discussed. The book also summarizes possible treatment modalities for patients who find it difficult to cope with the various aspects of dental care, such as behavior modification, hypnosis, and pharmaceutical approaches. *Oral Psychophysiology: Stress, Pain, and Behavior in Dental Care* is an indispensable resource for dentists and dental students who occasionally encounter "problematic" patients. The handling of such patients requires more than the usual, familiar, manual skills and is often a source of stress and frustration to the dentist. By developing an understanding of the underlying principles of the behavior of these patients, a clinician will be able to create a better interpersonal relationship with his/her patients, prevent some of the potential problems, and solve others.

A Clinical Hypnosis Primer

The *Routledge International Handbook of Clinical Hypnosis* explores and clarifies the challenge of defining what hypnosis is and how best to integrate it into treatment. It contains state-of-the-art neuroscience, cutting-edge practice, and future-oriented visions of clinical hypnosis integrated into all aspects of health and clinical care. Chapters gather current research, theories, and applications in order to view clinical hypnosis through the lens of neurobiological plasticity and reveal the central role of hypnosis in health care. This handbook catalogs the utility of clinical hypnosis as a biopsychosocial intervention amid a broad range of treatment modalities and contexts. It features contributions from esteemed international contributors, covering topics such as self-hypnosis, key theories of hypnosis, hypnosis and trauma, hypnosis and chronic pain management, attachment, and more. This handbook is essential for researchers, clinicians, and newcomers to clinical hypnosis, in medical schools, hospitals, and other healthcare settings. Chapters 4, 35, and 63 of this book are freely available as a downloadable Open Access PDF at <http://www.taylorfrancis.com> under a Creative Commons Attribution-Non Commercial-No Derivatives (CC-BY-NC-ND) 4.0 license.

Rapid Hypnotic Inductions

Designed as a "how-to-do-it" text for both beginning students and established professionals, the theories and techniques in *Applied Hypnosis and Hyperempiria* are presented in a clear and concise format. In contrast to hypnosis, hyperempiria is the groundbreaking system developed by the author, which is based on

suggestions of enhanced awareness, mind expansion, and increased alertness and sensitivity. The book features both traditional hypnotic procedures and hyperempiric or a \"mind-expanding\" inductions. It contains sections on retrieving repressed or forgotten material, behavioral regulation and self-control, and guided fantasy techniques, as well as the use of suggestion as an instrument for personal growth in areas such as improving study skills, and taking examinations, achievement motivation, artistic expression, emotional enrichment, aesthetic appreciation and enjoyment, interpersonal effectiveness, musical performance, problem solving, public speaking, salesmanship, sports performance, theatrical performance, and writing ability. Applied Hypnosis and Hyperempirica continues to be of enormous benefit to a wide audience of both mental health professionals and the seriously curious.

Trance and Treatment

This book is aimed at helping both newly trained and experienced mental health professionals become comfortable and adept in using hypnosis in their clinical practice. Despite dramatic evidence of the effectiveness of hypnosis and its growing acceptance, only a small percentage of psychotherapists employ their hypnotherapy training in their practices. This under-use of hypnosis is due to exaggerated misconceptions about its power and the resultant performance anxiety therapists experience after their training. This text is designed to address therapist performance anxiety surrounding the use of hypnosis by exploring the myths surrounding its power and therapeutic potential. The integration of a straightforward systematic hypnotic approach into therapeutic practice has value both in assessment and treatment. Using clinical anecdotes and personal experience, the authors of Hypnosis in Clinical Practice explain induction style and trance work in a way that is fundamental and highly accessible.

Hypnosis in Therapy

Hypnotherapy

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